program and liability agreement

# Acceptance of Risk

### I take full responsibility for my experience in the Art Of Yoga 200 hour Yoga Teacher Training. I understand that this training, including all yoga classes attended, may be challenging for my physically, emotionally and spiritually. I agree to take care of myself at every level. I agree to contribute to a learning environment that is safe, respectful, and constructive for myself and everyone involved in this training.

I will not hold Art Of Yoga liable for any physical or psychological injury occurring before, during or after this program. I am of sound mind and body, capable of participating safely in this program. I fully recognize and accept any risk that I undertake in this program. If I have any concerns I will consult with my health care providers for approval.

# promotional efforts & social media/posting of photographs & videos

On occasion, Art Of Yoga trainers may take photographs and/or videos of the training to promote the benefits of participating in its programs and activities. During any photography or recording, I can tell the trainor that I do not wish to participate. I can move to a place in the room that is not being photographed or recorded. I hereby consent to being the subject of any photographs or audio/video recordings made during my training. I grant permission for these to be published or posted in ways that promote Art Of Yoga.

# Refund and cancellation policy

Deposit and tuition are non-refundable by may be applied to future teacher trainings offered at Art Of Yoga.

# release of liability

After being informed of the above risks and responsibilities, I generally release Art Of Yoga, together with its instructors, trainers and other representatives, from all claims causes of action, medical expenses, and other costs related to my participation, whether they arise during my training or from my later use of information or instruction at home.

By signing this agreement, I will abide by the terms of this Art Of Yoga 200-hr Yoga Teacher Training Program and Liability Agreement and accept Art Of Yoga’s policies and enter into a legally binding general release of liability.

Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name (please print)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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